

APRIL 1985.



FREE WHEELING

Registered for posting as a publication

CATEGORY "B"

VICTORIAN FOUR WHEEL DRIVE CLUB



COMMITTEE 1982/83

Pres.	Peter Rowe 6 Fintonia St., Nth Balwyn 857 6422	Vice Pres.	Ray West 44 Kays Ave., Hallam 703 2357	Sec.	Brian Tuck 16 Mitchell Ave., Boronia 762 5981
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Committee	Geoff Dowell 4 Genoa Crt., Frankston 789 3153		Patrick Casey 11 Paterson St., Carnegie 570 2203		Wendy Dowell 4 Genoa Crt., Frankston 789 3153

Association Delegates: Terry Hinks 798 3798 Gerry Lavery 232 3423

TRIP COMMITTEE: Brian Tuck, Paul Howden, Andrew Merlo.

Contactable on above address. For any enquiries on trips, conditions and potential trip leaders.

TRIP CLASSIFICATIONS:

'A' Grade: Extensive use of 4WD: Tracks maybe difficult to negotiate — chains should be carried along with towing slings and anchor points: good winter tread pattern tyres are a must. Trip leader has the right to refuse a vehicle if above points are not met. Types of conditions likely to be met include: steep climbs and descents on all surfaces — rocky, muddy etc. mud & snow, deep river crossings and overgrown tracks.

Max. six vehicles.

'B' Grade: Virtually same conditions as 'A' Grade but track condition is more favourable. Good tyres are a must as well as necessary recovery gear.

Max 10 vehicles.

'C' Grade: Very limited use of 4WD. These trips include car rallies etc. Type of tyres does not matter and recovery gear not essential.

No maximum number of vehicles.

In all above cases vehicles should be in sound mechanical condition and carry the basic spare part requirements as listed in previous Newsletters.

The committee would like to express the fact that if in the opinion of the trip leader a vehicle is not suitable for a trip, then that vehicle may be refused permission to partake.

Newsletter items to Peter Rowe by last Tuesday in every month.

Radio Officer: Geoff Mann 233 2229

Club has one radio for hire at \$1.00 per day, or free if you are leading a trip. All enquiries must go through the officer regarding purchases, licences etc.

MEETINGS LAST TUESDAY
OF THE MONTH AT DANDENONG
LIBRARY

CORRESPONDENCE
P.O. BOX 778,
DANDENONG

PRESIDENTS REPORT MAY 83

Hi Members,

Gee - where is 83 going, he we are already in May, nearly June and it only seems like last week we were heading off for Christmas.

Firstly congratulations to Geoff & Wendy Dowell on the arrival of their son Michael Shayne on the 24.3.83.

The navigation trial to the Otways was on the 19-20th March and was a great weekend. We were very lucky as the next week it poured rain down there and it could have been very interesting. Anyway, we did have winners, they were:

FIRST:	Andy Merlo - Kim Ferrier	Range Rover
SECOND:	Patrick Casey - Geoff Milverton	Toyota
THIRD:	Andy Williams - Colin Lee	Hi-Lux

Well done to the winners they won convincingly. Also thanks to Dave Heard and his helpers and check points for a good and interesting weekend.

On the Anzac weekend we had a trip to Moroka Hut in which 9 vehicles attended, there will be a trip report in the June newsletter.

On the June Queens Birthday Weekend, Gerry Lavery will lead a trip into the Little Desert, more details at the June Meeting.

For those wishing to go on the Club trip to Birdsville in August-September this year, could you let Don Montague know please.

See you all at the next meeting on the 31st May.

Peter Rowe

All burns are serious. The larger the burn and the deeper the burn, then the more seriously ill the patient. Burns exceeding 10% are dangerous and burns exceeding 50% are often fatal. Therefore all, but the simplest burn injury, require medical attention.

The main complications of burns are:-

- 1) Circulatory Collapse often leading to death. Thus burns exceeding 10% need prompt treatment.
- 2) Infection
- 3) Scarring The scars of healed burns are often unsightly, and often shrink with time. But this is a problem around flexural areas (Elbows, knees, groin, hand, armpits, neck) as the shrunken scar may restrict or prevent movement of these areas. Thus burns in these areas and on the face normally require medical attention, especially if deep, as the use of modern skin grafting techniques are usually excellent in managing these burns.

Burns may be classified by:-

- 1) Type of burn
- 2) Depth of burn
- 3) Area of burn

Types

- 1) Dry Heat - Fire, flame, contact with hot objects, electrical currents, exposure to sunrays, excess friction.
- 2) Moist Heat - Hot water or steam. These burns are called scalds, and are usually superficial.
- 3) Chemical & Corrosive Burns - These burns are usually deep. The burn should be washed immediately with a large volume of water. Remove contaminated clothing, but avoid contaminating yourself. Apply a neutralising agent if available:-
 - 1) For acids - a solution of baking soda
 - 2) For alkalis - dilute vinegar

Depth of burn

- 1) Superficial - a) First degree burn
Dry, red area. No blisters. Pain.
b) Second degree burn
Mottled red area. Moist. Blisters. Painful.
- 2) Deep - c) Third degree burn
The full thickness of skin is destroyed. Dry, whitish, charred area. Usually painless as nerve endings destroyed. Under lying fat and muscle may be burnt also.

Area

Since the area of the burn is such a major factor influencing the degree of shock, an accurate assessment of the area burnt is essential. The "Rule of Nine" is based on the fact that the main regions of the body, expressed as a percentage of the total area, are multiples of nine.

Head	9%
Upper limb (each)	9%
Lower limb (each)	18%
Trunk - front	18%
- back	18%
Groin	1%

Useful Guide: The size of palm & fingers of the hand is approximately 1% of the body area.

Management of burns

- 1) Remove the patient from danger.
- 2) Put out burning clothes.
- 3) Wash away corrosives.
- 4) Hold the burnt area under cold water, as this prevents extension of the injury by heat.
- 5) Remove or cut away clothing over the burned area, but leave clothing that is stuck.
- 6) Remove constricting rings, bracelets, etc., as swelling usually occurs.
- 7) Superficial burns may be cleansed with a solution of dettol and water, then apply antibiotic ointment and a light bandage. It is usually recommended not to prick the blisters as they are sterile, but if the blister is large and interferes with adequate bandaging, then the blister may be pricked.
- 8) With deep burns the application of lotions or ointments is not recommended. Cover the area with sterile or clean dressing or sheet or towel.
- 9) Transport the patient to medical aid without delay. Alcohol should be avoided. Small amounts of water and analgesics may be given whilst the patient is being transported.

THINGS TO COME

CLUB MEETING 31st MAY

A Spokesman from the Goodyear Tyre Company will be present for a short talk and show some films on Cape York.

QUEENS BIRTHDAY WEEKEND JUNE 11-12 & 13th

VENUE: Little Desert

T/LEADER: Gerry Lavery

DETAILS: Contact Gerry (see front page) & next meeting

CLUB MEETING JUNE 28th

FRIDAY JULY 8TH

VENUE: Social Nite at Petroni's - Springvale

DETAILS: B.Y.O. Drinks, Hot & Cold Carvery at 6.30pm

COST: \$15.00 per head. \$5.00 deposit to be paid at May Meeting.

JULY 23rd & 24th

VENUE: MT. Terrible

T/LEADER: D. Heard

GRADE: ' A '

DETAILS: Later Newsletters

BUSHED

by Andrew Williams

There are a number of good reasons I can think of for digging a whole in the ground, for instance, the start of a long trip to CHINA or for a physical workout that would make Richard Simons wish he'd stayed an anonymous weight watcher or if dug deep enough, a good place to get rid of bottles full of De Bottoli Port. From a Four Wheeler's point of view the second best use for a whole in the ground, after the De Bottoli Port idea, is as a place to form a good cooking fire.

Known as a "Fire Trench" this whole in the ground has a list of special features long enough to make any used Hilux dealer wish he could include one as an optional extra.

The fire trench acts as a shield against the weather allowing hot coals to form a radiant heat that is directed straight up to the cooking pan. This heat doesn't leap at you like a savage dingo every time you turn the sausages, as the fire in a trench is totally predictable, not being affected by the wind.

A fire trench is safer, as the fire can not spread to surrounding grass and leaves, though if your sausages suddenly burst into flames and start a small bushfire you can quickly extinguish it with the dirt dug from the trench. The advantage of a trench over, say a fire pit is that the trench channels air along its length giving the fire good ventilation, whereas the fire suffocates the fire.

When you're ready to leave camp; the fire trench can be filled in which makes sure the fire is safe and also leaves the site looking as untouched as you had found it.

A good trench fire should be about 300mm x 300mm x 1 metre long and, in Victoria, dug in a East-West direction. The trench should be dug in an East-West direction, because in Victoria most of our weather is in a easterly direction, and the east-west direction ensures good ventilation. Also by digging the trench in an East-West direction you will know which way to head for your tent once the port bottle is empty!

Sweet Dreams and don't burn the sausages.

Andy.

REEVES BEACH WEEKEND.

Roll Call:- Vin, Peter, Ray, Debbie & Jody, Trevor & Kim, Peter, Don & Thelma, Terry, Carol & kids, Bruno & Natalia, Liala, Dustin & myself

The weekend began on Saturday morning, 8 a.m. in front of Massey Fergusson on the South Gippsland Highway. Here we met Terry & Carol and the kids along with Bruno & Natalia (My parents-in-law).

The trip was reasonably quick and event free excepting a couple of relief stops and bait stop at Yarram.

From Yarram we proceeded toward Woodside where turned off and headed for the beach. By the way, I forgot to mention that all three vehicles were towing boats. Once on the beach (track on top of sand dunes) the drama began. The normally thirty minute drive along this track turned into an unbogging competition as the sand in a couple of spots was soft enough to bog the vehicles down with the dead weight of the boats on the back.

I won't mention who became bogged first but the boat was removed and another vehicles attempted to tow me out but to no avail, because when this little black duck gets stuck he's stuck. So I decided to lock the rear "diff" in and to my surprise I drove straight out. All the three vehicles became one with nature once more on another section of track but again with some friendly help from each other we made it to the inlet.

By this time Natalia, Liala & Dustin had walked down to the inlet and we met them at the flat spot we decided to camp. The spot where we normally camp was occupied by a group of fishermen who had used their boats for transport to the point where the inlet meets the ocean. These people were a disgrace to the environment as when they left a carpet of beer cans remained behind.

Anyhow, we pitched our tents, had some lunch and went for a wander to investigate some fishing positions. As we walked away from the estuary there was an almighty thump, crash and hop accompanied by an unusual odour in ones strides, (almost) as we watched a rather large kangaroo disappear into the undergrowth. We made our way back to camp, lubricated the tonsils and had a rest.

Later in the afternoon, as myself and Bruno were looking for a spot to launch the boat, we heard a rattling and saw clouds of "sooty" and the rest of the club arrived. We returned to greet everybody, being of the sociable variety, and watched the small tent city develop complete with penthouse suite (Ray & Debbie's Toyota).

From then on the weekend was slow and restful with everybody doing their own thing, such as fishing, walking, swimming, boating and lubricating. Of an evening members would congregate around the light globe and discuss "things".

On the Monday everybody packed up early after numerous fish had been caught and headed off to see the Omega Navigational Tower.

Very interesting place. Full of computers and electronic gadgets. Vin took a video of the video for future reference.

From there we headed down to a river just past Yarram and had lunch and then headed home.

On the way Terry did the impossible, he got booked for speeding in a long wheelbase Landrover towing a boat.

Well that was the weekend, slow and relaxing with not too many miles covered. It was tremendous to see more family participation returning to the club and thanks for all the people there on the weekend for making it what it was.

Tom Brachna

FOR SALE

Land Rover rear diff.
Complete \$180. Contact Peter Pink

Fuel Pump \$60 **RANGE ROVER.**
4 x 750-16 Bar Treads & Rims. \$30 each
4 Range Rover Rims with Tyres & Tubes. \$100 each
10 W Phillips ~~Radio~~ Radio. \$100.
Contact Andy Bruce.

FOR SALE

Plessey MTR30C Club Radio plus aerial \$100 O.N.O.
Gus Pearl - Phone 762 4013

FOR SALE

1 set of chains new heavy duty 16" \$45.00
'A' frame \$40.00 1/2" locating holes

Geoff Dowell
Ph. 789 3153

<u>MONTH</u>	Public Holidays	Trip Location	Trip Leader/s	Class	Social Function
February		Norbelthon Mud Bash		B	
March	MAURAY 14TH MARCH DAY	12th Fishing Trip Reaves Bch.	Tom Brackna	C	
		Navigation Trial 19th & 20th Otway Ranges	David Heard	B	
		26th & 27th Clean-up Forest Commission	To Be Advised	B	
April	1st Good Friday 4th Easter Monday 26th Monday (Anzac Day)				Sunday 10th April Cricket match vs Datsun
May		CLUB MEETING. 31st.			Gippsland 4wo Go-Go 1st W/E in May
June	Monday 13th Queens B/day	LITTLE DESERT TRIP (DETAILS MAY MEETING) 23th - 24th MT TERRIBLE	GERRY LIVERY	B + C	Baking Night 24th June
July			DAVID HEARD	A	SOCIAL NITE AT PETRONI'S 8th JULY
August		Saturday 27th. August Depart Melbourne for Birdsville	D. Montague & P. Rose	B	
September	Thursday 22nd Shrovetide	BIRDSVILLE RACES	D. Montague & P. Rose	B	
October					WINE & POLIES TRIP 15th & 16th Camp at WANGUINUTIA
November	Tuesday 1st CUP Day				25th November Chinese Restaurant Annual Xmas Night
December	Xmas & Boxing Day Holiday.				Xmas Picnic 11th Dec Bimbimb.
January	Monday 2nd New Year Holiday				